

TOM'S RUN

EVENT DISCLAIMER

A 200-MILE TEAM BUILDING RELAY IN MEMORY OF CWO4 TOM BROOKS, US COAST GUARD

I know and understand that participating in Tom's Run as a runner or biker is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and I certify that I am medically able to perform this event, I am in good health, and I am properly trained. I agree to abide by any decision of an event official relative to any aspect of my participating in this event, including the right of any event official to deny or suspend my participation for any reason. I assume all risks associated with participating in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and the condition of the course, such as mud, gravel, tree limbs, darkness, and uncertain footing, all such risks being known and appreciated by me. I understand that I may have to share the event course with other non-event users with skateboards, bicycles, baby joggers, strollers, roller skates, roller blades, animals, and headsets and that I will not impede their use of any portion of the event course. I know and understand that this is a team event, that I and the members of my team are responsible for my health and welfare and that the support provided by the sponsors and their representatives is limited to ensuring the necessary permits to use the course have been obtained, ensuring I have access to course directions and information, and providing information about emergency medical and law-enforcement services along the course. Having read this waiver and knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release Tom's Run, the National Park Service, the Coast Guard Warrant and Chief Warrant Officers Association, the Coast Guard Runners Club, the members of my team, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

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|----|---------------|------------|-------|
| 1 | Printed name: | Signature: | Date: |
| 2 | Printed name: | Signature: | Date: |
| 3 | Printed name: | Signature: | Date: |
| 4 | Printed name: | Signature: | Date: |
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| 19 | Printed name: | Signature: | Date: |

TOM'S RUN

CUMBERLAND, MD TO ALEXANDRIA, VA

A 200-MILE TEAM BUILDING RELAY IN MEMORY OF
CWO4 TOM BROOKS, US COAST GUARD

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|----|---------------|------------|-------|
| 20 | Printed name: | Signature: | Date: |
| 21 | Printed name: | Signature: | Date: |
| 22 | Printed name: | Signature: | Date: |
| 23 | Printed name: | Signature: | Date: |
| 24 | Printed name: | Signature: | Date: |
| 25 | Printed name: | Signature: | Date: |
| 26 | Printed name: | Signature: | Date: |
| 27 | Printed name: | Signature: | Date: |
| 28 | Printed name: | Signature: | Date: |
| 29 | Printed name: | Signature: | Date: |
| 30 | Printed name: | Signature: | Date: |

Team Leader: You can sign and date this disclaimer for your team in lieu of having each team member sign and date the disclaimer. Please ensure all team members are advised of the conditions for participation in Tom's Run and agree to this disclaimer.

I certify that the members of my team agree with the conditions of this disclaimer.

Team Leader signature _____ Date _____

[Team leader sign - e-signature acceptable]

Please make sure this signed form is given to the event coordinator prior the team beginning the event.